

November 2023

"Excellence is the Expectation"

Monday	Tuesday	Wednesday	Thursday	Friday
		<p style="text-align: right;">1</p> <p>Nachos Grande M1075 Chef Salad M3500 Mixed Vegetables M5795 Rosey Applesauce M6565 Fruit Juice, Assort, 4oz M6640 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, FFStrwbr,1/2 pt.BoMS 1702 Sauce, Taco. PC M8205 Sour Cream PC M8115 Trimmings for Sandwich M8290</p>	<p style="text-align: right;">2</p> <p>Beef Tips over Brown Rice Tuna Salad w/ Crackers M3595 Mustard Greens, Frozen M5625 Cornbread 1 WG M7050 Chilled Peach Slices M6815 Fruit Juice, Assort, 4oz M6640 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, FF Strwbr,1/2 pt.PF M130</p>	<p style="text-align: right;">3</p> <p>Philly Cheese Steak Sand M4130 Chef Salad M3500 Corn on Cob, 3 in.USDA, MC1024 Crinkle Cut Fries Baked M66110 Fruit Juice, Assort, 4oz M6640 Fresh Fruit Bowl Variety M6715 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, FF Strwbr,1/2 pt.PF M130</p>
<p style="text-align: right;">6</p> <p>Bacon Cheeseburger 2 oz. M4095 Tuna Salad Salad M3590 Potato Rounds, Baked M6095 Glazed Carrots M5865 Tropical Fruit M6745 Fruit Juice, Assort, 4oz M6640 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, FF Strwbr,1/2 pt.PF M130 Saltine Crackers, ENR,CR M7020</p>	<p style="text-align: right;">7</p> <p>Chicken R Parmesan Pasta M3105 Chef Salad, Elementary M3505 Mixed Vegetables M5795 Roll, Whole Wheat Pur2oz M7140 Fresh Fruit Bowl Variety M6715 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Saltine Crackers, ENR,CR M7020</p>	<p style="text-align: right;">8</p> <p>Meatballs, BBQ on Hotdog Bun Tuna Salad Sandwich M4065 Baked Beans Legumes M5535 Veg Juice, 4 oz. Asst. M6190 Rosey Applesauce M6565 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, FF Strwbr,1/2 pt.PF M130 Yellow Cake & Icing</p>	<p style="text-align: right;">9</p> <p>Hamburger Steak w/GvyU M1015.1 Tuna Salad Salad M3590 Cornbread 1 WG M7050 Rice, Brown M7090 Lima Beans Dried, CND M5530 Pineapple Tidbits M6890 Fruit Juice, Assort, 4oz M6640 Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, FF Strwbr,1/2 pt.PF M130</p>	<p style="text-align: right;">10</p> <p>Chicken Wings, Bufalo Sc M3300 Tuna Salad Salad M3590 Roll, Whole Wheat Pur2oz M7140 Macaroni and Cheese M7030 Fresh Oranges M6775 Pineapple Tidbits M6890 Fruitable Plus Vegetable Juice Milk, LF White 1/2 pt,BoMS 1708 Milk, FF Choc 1/2 pt.Bo MS 1700 Milk, FF Strwbr,1/2 pt.PF M130 Saltine Crackers, ENR,CR M7020</p>

13
 Hot Dog WG M4230
 Baked Potato with Marg, M
 6060
 Potato Rounds, Baked M60
 95
 Broccoli w/ Cheese Sauce
 M5595
 Tropical Fruit M6745
 Fruit Juice, Frozen Cup M6
 650
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Milk, LF White 1/2 pt,BoMS
 1708
 Cookie, Sugar, Purch ENR
 M7560

14
 Spaghetti & Meat Sauce M
 1115.2
 Chef Salad M3500
 Roll, Whole Wheat Pur2oz
 M7140
 Green Peas, Canned M603
 5
 Fruit Juice, Assort, 4oz M6
 640
 Chilled Mandarin Oranges
 M6795
 Milk, LF White 1/2 pt,BoMS
 1708
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Saltine Crackers, ENR,CR
 M7020

15
 Pizza, Stuffed Crust M2040
 Tuna Salad Salad M3590
 Crinkle Cut Fries Baked M6
 110
 Mexicali Corn M6005
 Chilled Mandarin Oranges
 M6795
 Fruit Juice, Assort, 4oz M6
 640
 Milk, LF White 1/2 pt,BoMS
 1708
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Milk, FF Strwbr,1/2 pt.PF M
 130
 Saltine Crackers, ENR,CR
 M7020

16
 Turkey & Dressing Supreme
 M3325
 Tuna Salad w/ Crackers M
 3595
 Green Peas, Canned M603
 5
 Macaroni and Cheese M70
 30
 Roll, Whole Wheat Pur1oz
 M7135
 Milk, LF White 1/2 pt,BoMS
 1708
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Milk, FF Strwbr,1/2 pt.PF M
 130
 Cranberry Sauce Portion M
 S1230
 Strawberry Cake W/Glaze
 MS1424

17
 Ham & Cheese on Bun M4
 185
 Tuna Salad Salad M3590
 Crinkle Cut Fries Baked M6
 110
 Fresh Grapes M6665
 Fruit Juice, Assort, 4oz M6
 640
 Trimmings for Sandwich M
 8290
 Milk, LF White 1/2 pt,BoMS
 1708
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Saltine Crackers, ENR,CR
 M7020
 Brownies, Mix MS1400

20
 Holiday

21
 Holiday

22
 Holiday

23
 Holiday

24
 Holiday

27
 Corn Dog M4075
 Chef Salad M3500
 Spicy Potato Wedges
 California Vegetables M578
 5
 Chilled Peach Slices M681
 5
 Kiwi Wedges MS1228
 Fruit Juice, Assort, 4oz M6
 640
 Milk, LF White 1/2 pt,BoMS
 1708
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Milk, FF Strwbr,1/2 pt.PF M
 130

28
 Vegetable Soup US M502
 0.1
 Grilled Chicken Salad M35
 55
 Cheese Toast
 Broccoli Spears, Steamed
 MS1014
 Fruit Juice, Assort, 4oz M6
 640
 Pineapple Tidbits M6890
 Milk, FF Choc 1/2 pint PF
 M120
 Milk, LF White 1/2 pt, PF M
 110
 Milk, FF Strwbr,1/2 pt.PF M
 130
 Saltine Crackers, ENR,CR
 M7020

29
 Red BeansCND/Rice/Saus
 ageM2550
 Chef Salad, USDA Foods
 M3500.1
 Cornbread Mexican 2 GR
 M7070
 Turnip Greens, Southern M
 5640
 Fresh Fruit Bowl Variety M6
 715
 Fruit Juice, Assort, 4oz M6
 640
 Milk, LF White 1/2 pt,BoMS
 1708
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Saltine Crackers, ENR,CR
 M7020

30
 Shepherd's Pie, MC174
 Tuna Salad Salad M3590
 Roll, Enriched Mer 2oz MS
 13
 Green Beans, Canned, MS
 1036
 Fresh Grapes M6665
 Fruit Juice, Assort, 4oz M6
 640
 Milk, LF White 1/2 pt, PF M
 110
 Milk, FF Choc 1/2 pt.Bo MS
 1700
 Saltine Crackers, ENR,CR
 M7020
 Cookie, Chocolate Chip Pur
 M7545

Only 1% low-fat and fat-free milk choices are offered.

Menus are subject to change due to the availability of food.

This institution is an equal opportunity provider.

Oct 25, 2023